# SCIENTIFIC PROGRAM OF THE "FIRST NATIONAL SYMPOSIUM OF YOUNG DOCTORS " RESIDENT DOCTORS' ASSOCIATION - RDA

November 10-11, 2023
Opening Ceremony - Hotel Marriott
10.11.2023 - 17:00h
Skopje - Hotel Marriott

Conference Hall - Ballroom 1

## Day 1 / Friday - 10.11.2023

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| **16:00 – 17:00** | Registration of participants | |
| **17:00-17:30** | Live | President of the RDA – D-r A. Georgieva;<br>The Dean of Medical Faculty of Skopje Prof. D-r S. Antovikj;<br>Minister of Health D-r Fatmir Mexhiti, The Rector of UKIM Prof. Dr. B. Angelova |

## Plenary Sessions

**Moderators:** D-r Igor Kamshikoski
**Session title:** Bridging the Gaps: Uniting Disciplines for Medical Excellence

| Time | Presentation | Lecture title | Keynote speaker | Medical Field |
|---|---|---|---|---|
| 17:30-17:50 | Joint session | Stroke, when it's futile to treat? | Prof. D-r Venko Filipce, University Clinic for Neurosurgery, Skopje | Neurosurgery |
| 17:50- 18:00 | Joint session | Evolution and Advancements in Transplantation: From inception to the Present Anesthesiology | Prof. D-r Biljana Andonovska, University Clinic for Anesthesia, Reanimation and Intensive Care, Skopje | Anesthesiology |
| 18:00- 18:10 | Joint session | Evolution and Advancements in Transplantation: From inception to the Present - Digestive surgery | Prof. D-r Svetozar Antovikj, University Clinic for Digestive Surgery, Skopje | Digestive surgery |
| 18:10- 18:20 | Joint session | Evolution and Advancements in Transplantation: From inception to the Present - Urology | Prof. D-r Saso Dochev, University Clinic for Urology, Skopje, Skopje | Urology |
| 18:20-18:30 | Joint session | Evolution and Advancements in Transplantation: From inception to the Present – Cardiac surgery | Doc. D-r Vasil Papastiev, University Clinic for Cardiac Surgery, Skopje | Cardiac surgery |

| Time | Presentation | Lecture title | Keynote speaker | Medical Field |
|---|---|---|---|---|
| **18:30-19:00** | Satellite Symposium | Harm Reduction at the Crossroads of Neuroscience: Unveiling Neurophysiological Mechanisms and Innovative Research Strategies | Prof. D-r Igor Pantic, Department of Physiology, Belgrade | |
| **19:00-19:30** | Live | Strategies to improve management of acute stroke | Prof. D-r Anita Arsovska, University Clinic of Neurology, Skopje | Neurology |
| **19:30-19 :45** | Virtual | Experience of the Experts | Prof. D-r Marcelo Cardarelli-, The William Novick Global Cardiac Alliance, Greater Memphis Area, USA | Pediatric cardiac surgery |
| **20:00 -22:00** | **Grand opening - Cocktail party** | | | |

Conference Hall - Ballroom 2

## Day 2 / Saturday 11.11.2023

**8:30 –11:00** Registration of participants

### Plenary Sessions of Internal branches

**Moderators:** Ass. Dr. A. Gavrilovska Brzanova
**Session title:** Harmony in Balance: Deciphering Acid-Base and Electrolyte Status

| Time | Presentation | Lecture title | Keynote speaker | Medical Field |
|---|---|---|---|---|
| **09:00- 09:15** | Live | Mastering Blood Gas Analysis and Acid-Base Status: Key Insights for Clinical Excellence | Ass. D-r Suzana Arbutina, University Clinic for Pulmonology and Allergology, Skopje | Pulmonology |
| **09:15- 09:30** | Live | Emergency Hemodialysis: A Lifesaving Intervention | Doc. D-r Irena Rambabova Busljetikj, University Clinic for Nephrology, Skopje | Nephrology |
| **09:30- 09:45** | Live | Emergent Imbalances: Acute Hyponatremia and Strategic Management | Ass. Dr. Cvetanka Volkanovska - Ilijevska, University Clinic for Endocrinology, Diabetology and Metabolic Diseases, Skopje | Endocrinology |

**Moderators:** Ass. Dr. Cvetanka Volkanovska – Ilijevska
**Session title:** A journey through the Abdominal Landscape: A Multifaceted Exploration of Diagnosis and Treatment

| Time | Presentation | Lecture title | Keynote speaker | Medical Field |
|---|---|---|---|---|
| **09:45-10:00** | Live | Unlocking Abdominal Insights: Radiologic Signs of Acute Abdomen | Prof. Dr. Violeta Vasilevska Nikodinovska, University Clinic for Surgical Diseases " St. Naum Ohridski - Skopje" | Radiology |
| **10:00-10:15** | Live | Vitamin D: Truths and Misconceptions in Gastroenterohepatology | Prof. Dr. Gjorgji Deriban, University Clinic for Gastroenterohepatology, Skopje | Gastroentero-hepatology |
| **10:15- :11:00** | Live | Satelite Symposium KRKA – Triple H | Dr. Ana Chelikikj, University Clinic for Cardiology, Skopje; Dr. Ivan Trajkov, Clinical Hospital "Acibadem Sistina", Skopje; Ass. Dr. Cvetanka Volkanovska – Ilijevska, University Clinic for Endocrinology, Diabetology and Metabolic Diseases, Skopje | |
| **11:00-11:30** | | **Coffee Break** | | |

**Moderators:** Prof. Dr. Hristo Pejkov
**Session title:** In the Heart's Gleam: The Body's Pulsating Core

| Time | Presentation | Lecture title | Keynote speaker | Medical Field |
|---|---|---|---|---|
| **11:30-12:15** | Live | Cracking the Code: Unraveling Mysteries in an ECG Quiz | Prof. Dr. L. Poposka, University Clinic for Cardiology, Skopje;<br><br>Dr. Ivan Trajkov, Clinical Hospital "Acibadem Sistina" Skopje | Cardiology |
| **12:15-12:30** | Live | Emergent Heart Symphony: An Overture to Acute Heart Failure | Ass. Dr. Elena Grueva Nastevska, University Clinic for Cardiology, Skopje | Cardiology |
| **12:30-12:45** | Live | Pediatrics: Duct-Dependent Congenital Heart Disease: Unraveling the Complexities | Prof. Konstandina Kuzevska Maneva, University Clinic for Children's Diseases, Skopje | Pediatric Cardiology |
| **12:45-13:00** | Live | Enhancing Cardiac Care: Medications in the ICU | Ass. Dr. Elma Kandic, University Clinic for Cardiology, Skopje | Cardiology |
| **13:00-13:30** | Satellite symposium | LEK Sandoz - Cardiac Arrhythmias.<br>We Learn Through Examples! | Ass. Dr. Jane Taleski, University Clinic for Cardiology, Skopje | Cardiology |

| Time | Presentation | Lecture title | Keynote speaker | Medical Field |
|---|---|---|---|---|
| **13:30-14:00** | Satellite symposium | Alkaloid Skopje – Advancements in Hypertension Management: A Modern Perspective | Ass. Dr. Filip Janushevski, University Clinic for Cardiology, Skopje | Cardiology |
| **14:00-:14:45** | | **Lunch break** | | |
| **14:45-15:00** | Live | Effects of combustible cigarettes and electronic delivery systems on progression of ulcerative colitis | Prof. D-r Vladislav Volarevic Faculty of Medical Sciences, University of Kragujevac, | |
| **15:00-15:15** | Satellite symposium | Modifiable risks factors for heart disease and coronary vascular function. | D-r Edin Begic MD PhD Medical faculty- Sarajevo School of Science and Technology | |
| **15:15- 15:30** | Live | Reimagining Harm Reduction in Tobacco Products: A Critical Research Approach to Innovative Alternatives | Prof. D-r Ljupcho Pejov, Faculty of Chemistry, Skopje<br>Prof. D-r Kristina Mitic, Faculty of Dentistry, Skopje | |

**Moderators:** Prof. Dr. I. Rambabova
**Session title:** Antibody-Driven Enigmas: Exploring Intriguing Disorders

| Time | Presentation | Lecture title | Keynote speaker | Medical Field |
|---|---|---|---|---|
| **15:30-15:45** | Live session | Advancement in the Treatment of Systemic Lupus Erythematosus (SLE): A Clinician's Perspective | Prof. D-r Ljubinka Damjanovska Krstikj, University Clinic for Rheumatology, Skopje | |
| **15:45-16:00** | Live session | Myeloma Multiplex: From Diagnosis to Treatment in the Era of Novel Therapies | Ass. Dr. Lazar Chadievski, University Clinic for Hematology, Skopje | |

**Moderators:** Ass. Dr. Elena Grueva Nastevska; Ass. Dr. Mario Jovanoski
**ORAL PRESENTATIONS AND POSTER SESSION:**
**Emerging Medical Minds: A Poster Showcase for Young Physicians**

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|---|---|---|---|---|
| **16:00-17:30** | Live | Poster and oral presentations of participants | | |

Conference Hall - Meeting room A+B+C

## Day 2 / Saturday 11.11.2023

**8:30 –11:00** Registration of participants

### Plenary Sessions of Surgical branches

**Moderators:** Prof. D-r A. Daneva Markova
**Session title:** "Navigating the Journey of Pediatric Care: Healing the Smallest Patients"

| Time | Presentation | Lecture title | Keynote speaker | Medical Field |
|---|---|---|---|---|
| **09:00-09:30** | Live | Keynote lecture | Prof. D-r Oskar Aszman, Medical University of Vienna, Austria | Plastic surgery |
| **09:30-09:40** | Live | Minimal invasive treatment for fracture of pediatric patients | Prof. D-r Lazar Todorovik, University Clinic for Pediatric Surgery, Skopje | Plastic surgery |
| **09:40-09:50** | Live | Surgical treatment of most common pediatric urology | Ass. Natalia Coklevska Shuntov, University Clinic for Pediatric Surgery, Skopje | Pediatric surgery |
| **09:50-10:00** | Live | Head and neck cysts in children - operative and minimally invasive treatment | Prof. D-r. Radoje Simic, Department of Plastic and Reconstructive Surgery, Institute for Mother and Child Health Care of Serbia, New Belgrade | Pediatric surgery |

| Time | Presentation | Lecture title | Keynote speaker | |
|---|---|---|---|---|
| **10:00-10:15** | Live | Pediatric Acute Respiratory Insufficiency: Understanding and Management - Challenge in perfection. | Prof. D-r Nikola Nikolovski, University Clinic of ENT, Skopje | **Medical Field**<br>Otorhinolaryn-gology |
| **Moderators:** Prof. D-r Todorovik<br>"Mastering Fracture Management: A Comprehensive Orthopedic and Trauma Surgical Approach" | | | | |
| **10:15- 10:30** | Live | Ankle Injuries: Stepping Beyond the Pain | Doc. D-r Marko Spasov, University Clinic of Traumatology, Skopje | Traumatology |
| **10:30- 10:45** | Live | The importance of NOW in emergency treatment of pelvic fractures | Doc. D-r Ilir Hasani, University Clinic of Traumatology, Skopje | Traumatology |
| **10:45 – 11:00** | Live | Presentation of a Case Report after a gunshot injury to the forearm | Doc. D-r Aleksandar Trajanovski, University Clinic for Orthopedic Surgery | Orthopedic surgery |
| **11:00-11:30** | | **Coffee Break** | | |

**Moderators:** Prof. D-r. Radoje Simic
**Session title:** Emergencies in Thoracic, Urological, and Digestive Surgery: Rapid Response and Expert Care"

| Time | Presentation | Lecture title | Keynote speaker | Medical Field |
|---|---|---|---|---|
| **11:30-11:45** | Live | Surgical treatment of corrosive injuries of gastrointestinal tract | Prof. D-r Ognen Kostovski, University Clinic for Digestive Surgery | Digestive surgery |
| **11:45-12:00** | Live | Renal colic: Investigation and management | Prof. D-r Skender Saidi, University Clinic of Urology, Skopje | Urology |
| **12:00-12:15** | Live | "Seeing Red: Understanding the Complexities of Hematuria" | Ass. D-r Josif Janchulev University Clinic of Urology, Skopje | Urology |
| **12:15-12:30** | Live | VATS versus open thoracotomy in patients with spontaneous pneumothorax Where do we stand? | Ass. D-r Nexati Jakupi, University Clinic for Thoracic and Vascular Surgery | Thoracic surgery |

**Moderators:** Prof. D-r O. Stankov
**Session title:** "Critical Women's and Man's Health: Emergencies and Genital Reconstruction - The Science and Art"

| Time | Presentation | Lecture title | Keynote speaker | Medical Field |
|---|---|---|---|---|
| 12:30-12:45 | Live | Exploring the Art and Science of Genital Reconstructive Surgery | Assoc. Prof. D-r Ognen Ivanovski, University Clinic of Urology, Skopje, | Urology |
| 12:45-13:00 | Live | Optimizing Infusion Therapy: A Path to Better Patient Care | Ass. D-r A. Gavrilovska Brzanova, University Clinic for Traumatology, Orthopedics, Anesthesia, Reanimation, Intensive Care and Emergency Center, Medical Faculty of Skopje, N. Macedonia | Anesthesiology |
| 13:00 -13:15 | Live | Critical Gynecological and Obstetric Emergencies Swift Assessment and Intervention | Prof. D-r Ana Daneva Markova, University Clinic of Gynecology, Skopje | Gynecology |

**Moderators:** Prof. D-r S. Saidi
"Transforming Lives: Plastic and Reconstructive Surgery and Motivational Mastery"

| Time | Presentation | Lecture title | Keynote speaker | Medical Field |
|---|---|---|---|---|
| **13:15-13:30** | Live | Mastering the Surgical Odyssey: Triumphs and Trials in Pursuing a Noble Surgical Career | Prof. D-r. A. Chaparoski, University Clinic of Neurosurgery, Skopje | Neurosurgery |
| **13:30-13:45** | Live | Delon-decompression of the tarsal tunnel. The effective method for the natural course of diabetic neuropathy of the foot | Prof. D-r Sofija Pejkova, University clinic for plastic and reconstructive surgery, Skopje | Plastic surgery |
| **13:45-14:00** | Live | Prevention of phantom pain through the use of a regenerative peripheral nerve interface as a prophylactic procedure in lower limb amputations | Ass. D-r Gordana Georgieva, University for plastic and reconstructive surgery, Skopje | Plastic surgery |
| **14:00-:14:45** | | **Lunch** | | |

| Time | Presentation | Lecture title | Keynote speaker | Medical Field |
|---|---|---|---|---|
| 14:45-15:00 | Live (Ballroom 2) | Effects of combustible cigarettes and electronic delivery systems on progression of ulcerative colitis | Prof. D-r Vladislav Volarevic Faculty of Medical Sciences, University of Kragujevac | |
| 15:00-15:15 | Satellite symposium (Ballroom 2) | Modifiable risks factors for heart disease and coronary vascular function. | D-r Edin Begic MD PhD Medical faculty - Sarajevo, School of Science and Technology, Sarajevo | |
| 13:00 -13:15 | Live (Ballroom 2) | Reimagining Harm Reduction in Tobacco Products: A Critical Research Approach to Innovative Alternatives | Prof. D-r Ljupcho Pejov, Faculty of Chemistry, Skopje<br>Prof. D-r Kristina Mitic, Faculty of Dentistry, Skopje | |
| **Moderators:**<br>**Session title:** Red Alert: Confronting Blood Loss and Anesthesia Emergencies | | | | |
| 15:30-15:45 | Live | "Unmasking the Unexpected: Exploring Rare and Puzzling Anesthesia Emergencies" | D-r Natka Chemerski, University Clinic for Anesthesia, Reanimation and Intensive Care, Skopje | Anesthesiology |
| 15:45-16:00 | Live | Intraoperative blood salvage in vascular surgery | Doc. D-r Nikola Gramatnikovski University Clinic for Thoracic and Vascular Surgery | Vascular Surgery |

**Moderators:** Ass. D-r G. Georgieva, Ass. D-r V. Stankov

ORAL PRESENTATIONS AND POSTER SESSION: Emerging Medical Minds: A Poster Showcase for Young Physicians

| Time | Presentation | Lecture title | Keynote speaker | Medical Field |
|---|---|---|---|---|
| **16:00 –17:30** | Live | Poster and oral presentations of participants | | |